



If there were a way you could step into a time machine, would you? While many things may be different depending on how far back in time you go, many things would probably be similar. Say, we went back to pre-colonial America. While many things would be different, such as the scenery, people would still spend time with their families, do chores, grab food, learn new things for their occupations, work on crafts, and more. At the end of the day, energy is what fuels us and that never ceases to change. That is a constant throughout time. It is the same energy that has been used then that is used now. I believe rather than being foreign or alien, some things might feel familiar or welcoming. In today's day and age, people often spend time away from their families, a lot of people do not know how to provide for themselves a living, and we have lost touch with nature, whereas as more people long ago have worked more as a collective. It has been an interesting shift.